

Health Care Financing - Organization of Health Services –

*This section was authored by Neil Halfon, MD*

A. Knowledge

Demographics

13 million children in the US are uninsured

30% of poor children less than 6 years have no health insurance

32% near poor have no health insurance

37% of married couples with children less than 6 years have no health insurance

18% of single mothers with children less than 6 yrs have no health insurance

Determinates of access, e.g., poverty, employment status, migrant status, homelessness

History of health insurance coverage for mothers and children

Different types of coverage, their development and implications

Private

Traditional health insurance

HMO (health maintenance organization)

PPO (preferred provider organization)

Federal insurance

Medicaid: Less than 50% of children who are eligible for Medicaid are actually receiving it

EPSDT: Early and Periodic Screening,

Diagnosis and Treatment, the prevention care portion of Medicaid

SSI: Supplemental Security Income: care for the disabled

Federal Entitlement (or quasi entitlement) Programs

TITLE V: maternal and child health block grants

WIC (Women, Infants, Children) nutrition program currently reaches only 1/2 of needy pregnant women, infants and children

Food stamps

EIP (Early Intervention Program)

Handicapped Children's Program

Head Start (in 1990 served 548,000 children, about 27% of eligible children)

Day Care (Parent-Child Centers for Infants/Toddlers)

Child Care and Development Block Grant

At-Risk Child Care Program (Title IV-A amendments) for families at risk of becoming welfare dependent that need child care to work  
 Federally qualified health centers  
 Family Planning Services (Title X and Title XX) to reduce maternal, infant mortality, prevent STD's  
 Educationally Handicapped Programs PL94-142/99-457  
 Title IV-E (children in foster or adoptive care, whose natural family qualifies for AFDC, qualify for Medicare)  
 Local programs  
     Hill Burton Hospitals  
     Funding for Special Populations e.g. homeless  
 Each of these programs is unique in terms of  
     History and legislative mandate  
     Structure and organization  
     Eligibility  
     Benefits  
     Funding  
     Optional programs  
     Evolving legal authority  
 Emerging issues in Health Care Financing  
     Decategorization of funding  
 Omnibus Budget Reconciliation Act of 1989 and 1990  
     Medicaid Managed Care  
     "Pay or play" (Matsui bill of Children's First Agenda)  
     Capitation  
     Federalism (state, federal, local relationships)  
     National Health Plan  
     Various plans being considered  
     Scope of Benefits  
     Eligibility  
     Funding  
     Limitations

B. Skills

Ability to advise which services can be covered and by what funding source  
 Ability to explain different types of coverage and programs to parents  
 Ability to maximize reimbursement

C Attitudes

Appreciation for complexity of funding system and how confusing it is to parents and families  
Recognition of the importance of adequate funding on access and decreasing system barriers.  
Patience and determination to get patients what they need

D. Barriers

Lack of national consensus about financing health care  
Complexity of the current health care finance system  
Changing eligibility requirements based on employment and income status  
Year to year variability of funds available for selected programs  
Lack of insurance plans for poor and near-poor children who are neither covered by employer-based insurance nor eligible for Medicaid  
Individuals on medicaid are "insured but uninsured"  
Coverage also varies state by state

E. Advocacy

Advocate for the Department of Human Services to position Medicaid "eligibility workers" within clinics  
Become a representative or member of the board for agencies, i.e., Medicaid, EPSDT Board, National Association of Community Health Centers  
Advocate for expanded funding and increased reimbursement for a broader array of services  
Work on state level issues to facilitate implementation of OBRA 1989 and 1990  
Support for community and migrant health centers  
Continue to support the National Health Service Corps (to assure health care providers working in medically underserved areas)  
Advocate for programs such as New York's Children Health Insurance Plan (CHIP) and other state plans to provide insurance to poor or near poor children who are neither covered by employee based insurance or Medicaid

References

Klerman L. *Alive and Well?* Columbia University Press, New York, 1991.

The State of America's Children 1991. The Children's Defense Fund, Washington, DC, 1991.

Valdez RB, et al. Consequences of cost-sharing for children's health. *Pediatrics* 75(5):952-961, 1985.

Newacheck P, Halfon N. Access to ambulatory care services for economically disadvantaged children, *Pediatrics* 78(5):813-819.

Newacheck PW, McManus MA. Financing health care for disabled children. *Pediatrics* 81(3):385-394, 1988.